



Buddhism
Spring 2022 RELI 2692
Gen. Ed.: Hum. Credit
Dr. Maher
Tues. & Thurs.
11:00—12:15

Buddhism is one of the primary unifying ideologies among the diverse cultures in Asia. In this course, we will explore its early history, the biography of its founder, the philosophical foundations, meditative and visualization practices, and methods for overcoming harmful emotions. We will examine Buddhist traditions in a variety of historical and social contexts.

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